



DISCOVERING *NT* ODYSSEY

探索妮生活

EXPLORE THE IMPACT OF ANTIOXIDANTS TO HUMAN HEALTH

探索抗氧化劑對健康的影響力

SATURDAY
星期六

05 九月
2026

13:30
|
14:30

NEFFUL KUALA LUMPUR
SEMINAR ROOM
妮芙露吉隆坡研修室

LEARNING HIGHLIGHTS

講座大綱

Conducted in Mandarin
中文講解

- ◎ Understand the Source - Examining how free radicals are generated and their implications on human health
探索自由基的根源 - 了解自由基如何產生, 以及對健康造成的影響
- ◎ Discover the Power of Antioxidants - Assessing how antioxidants help reduce visible signs of aging
探索抗氧化的力量 - 揭示抗氧化如何延緩可見的老化跡象
- ◎ Enhance from Within - Identifying effective approaches to support the body's internal antioxidant capacity
提升體內防護力 - 掌握如何有效提升體內抗氧化能力

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DORIS LOK
駱湘滢

Speaker 講師



- ◎ A friendly and engaging personality with a great sense of humor
性格友善, 幽默風趣
- ◎ Over 10 years of experience as a trainer at Nefful Malaysia
已在妮芙露馬來西亞擔任商品培訓師超過十年, 累積豐富的教學經驗
- ◎ In-depth knowledge of Nefful International's product features
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