

Registration Date: 3rd October (Monday) 10:00AM

first-come-first-serve basis

The skin is the largest organ of the body. One's charisma and confidence level may be boosted with healthy skin. With unhealthy skin comes along other underlying medical conditions, such as endocrine disorders, metabolic disorders, and organ dysfunction. Therefore, building skincare routine has always been one of the most popular topic of interests for many people. In this session, we will learn about the ways to maintain a good skincare routine for healthy, glowing skin from the perspective of a professional physician, we will also gain knowledge on the ways to develop a healthy lifestyle by choosing suitable skincare products, maintaining a balanced and healthy diet, as well as gaining overall wellbeing through premium-quality apparels. Let us get a better understanding of the common skin conditions and practice good skincare routine for a healthy glowing skin!

LIVE



Dr. Weng Tzu-Hua

- Completed more than 500 health seminars • Education:
- National Taiwan University Hospital
- Employment History:
- Attending Physician in Accident and Emergency Department of Mackay Memorial Hospital, Taiwan - Residents in National Taiwan University Hospital regardless of department
- Housemanship Experience:
- National Taiwan University Hospital
- Nuclear Medicine, Hematology & Oncology and Surgical Intensive Care Unit of University of Rochester Medical Centre, USA
- General Surgery Department of Mayo Clinic, USA - Plastic and Reconstructive Surgery Department
- of University of Pittsburgh Medical Center, USA - Surgical Oncology Department of UCSD, USA

Date and Time Broadcast 9th October (Sunday) 20:00 - 22:00 FREE PARTICIPATION

 The seminar will be conducted in Mandarin, English interpretation will be provided.

Learning Objectives

Understanding the common skin conditions

- Aging is not the only reason that causes skin issues
- The correlationship between skin health and lifestyle habits
- Understanding the essential nutrients that benefit our
 - Benefits of premium-quality fish oil for skin revitalization
 - Reducing free radicals with the support of phytochemicals
- 3 Understanding the essential elements of skin restoration
 - Benefits of calcium in maintaining healthy skin tissues
 - Benefits of premium-quality apparels for wounds recovery



HEALTHY SKINCARE ROUTINE BRINGS YOU GLOWING SKIN ONLINE SEMINAR

Skin is the largest organ of the body. A healthy skin may boost one's charisma and confidence level. Skin problems could also reflect one's underlying healthv conditions. such as endocrine disorders, metabolic disorders, and organ dysfunction. Therefore, a good skincare routine has become a great interest among the public. In this session, we will learn about the ways to maintain a good skincare routine for a healthy glowing skin from the perspective of a professional physician, discovering tips to develop a healthy lifestyle, choosing the suitable skincare products, maintaining a balanced and healthy diet, as well as a health body through premiumquality apparels. Be a smart consumer, understand the common skin conditions and practice a good skincare routine for a healthy glowing skin!

The seminar will be conducted in Mandarin, English interpretation will be provided (link).

Topic: Healthy Skincare Routine Brings You Flaunt and Glowing Skin

Registration Link : <u>https://us02web.zoom.us/webinar/register/WN_gzIzpayxRZKeA-2Bo90sVg</u>

Registration Date: 3rd October (Monday), 10:00 AM onwards, on a first-come-first- serve basis.

Fees : Free

Audience : All Nefful International Partners

Speaker : Dr. Weng Tzu-Hua

Date and Time : 9th October (Sunday) 20:00 - 22:00

Important Notes for Online Session:

- 1. The seminar will be conducted in Mandarin, English interpretation will be provided (link). (PowerPoints will be prepared in Chinese)
- 2. Kindly submit your registration as soon as possible. Registration will be closed once the capacity is full.
- 3. Online seminar will be using Zoom app as the training platform, kindly download the ZOOM app before attending the seminar.
- 4. Attendee is required to ensure the display name on ZOOM app remains similar to their registration with Nefful International and online registration form of this seminar for verification purposes. Nefful International may disqualify the registration of the required information does not match.
- 5. Each Registration is strictly allowed to watch the session by using one device only.
- 6. Nefful International reserves the rights to change or amend the terms & conditions without prior notice.

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